

EMPOWERING THE YOUTH WITH LIFE SKILLS THROUGH

VALUE INTEGRATED EDUCATION

MUKTI GILL

Associate Professor, Khalsa College for Women, Civil Lines, Ludhiana, Punjab, India

ABSTRACT

India today is facing a "Value Crisis'. Humanity seems to have lost its voice in the face of unending hunger for wealth and pleasure. India was once a blessed land of legendary saints, sages and selfless great men and women. These people were ahead of their times and devoted their lives relentlessly to the cause of welfare of humanity. But today India is known more for corruption, violence, intolerance, crimes against women and other such evils. The 'Value Crisis' threatens to destroy the very foundations of secularism, harmony and love on which our society was built by our ancestors and the holy sages. Lack of respect for human values is said to be the root cause for these evils .The Indian youth lack direction and the life skills to lead a successful and happy life based on ethics. Education can play an important role in imbibing values and morals in our youth. This paper explores ways in which values can be integrated in our education system so that the youth can be empowered with life skills based on strong foundations of moral values and ethics.

KEYWORDS: Life Skills, Moral Values, Value Crisis, Value Integrated Education